

# **NEW HAMPSHIRE SCHOOL ADMINISTRATIVE UNIT 29**

## **CHESTERFIELD SCHOOL DISTRICT**

**JLCI**

### **COORDINATED SCHOOL HEALTH PROGRAM**

The School Board recognizes the importance of addressing student and staff health issues in a comprehensive manner. The Board therefore adopts, as a model, the Coordinated School Health Program of the Centers for Disease Control. The eight components of the program include:

- Health Education
- Family/Community Involvement
- Health Promotion
- Physical Education/Physical Activity
- Health Services
- Healthy School Environment
- Nutrition Services
- Counseling, Psychological & Social Services

The district will strive to promote health using a systemic approach that integrates the eight components to improve student academic performance and overall well-being. This can only result from the cooperation, communication, and collaboration of various staff. Parents also play a crucial role. Coordinated School Health involves the coordination of existing programs, rather than the establishment of a new program and aims to achieve long-term benefits from all eight components on the health of individual children and staff members.

In the spirit of coordinating this Program with existing District programs, the Board encourages the School Wellness Committee to review the implementation of the eight components and how they are coordinated throughout the district and report to Board at least annually on the success of the Coordinated School Health Program. Additionally, the Committee should seek and identify opportunities for grant funding to support Coordinated School Health activities.

Approved: C – 12/14/09