

NEW HAMPSHIRE SCHOOL ADMINISTRATIVE UNIT 29

CHESTERFIELD SCHOOL DISTRICT

IHAE

DAILY PHYSICAL ACTIVITY POLICY

The Chesterfield School Board agrees to:

1. Encourage parents and guardians to support their children's participation in physical activities, and recognize that parents and guardians act as role models for active lifestyles;
2. Support special programs such as student and staff walking programs, family fitness events, and events that emphasize lifelong physical activity;
3. Integrate health and physical activity across the school curriculum;
4. Encourage student-initiated activities that promote inclusive physical activity on a school-wide basis;
5. Commit appropriate resources that may include program funding, personnel, and facilities;
6. Provide opportunities for school staff that will assist them to effectively lifelong physical activity among youth, and that will assist school staff to recognize their influence as role models for active lifestyles;
7. Establish relationships with community recreation and youth sports programs and agencies to coordinate and complement physical activity programs;
8. Encourage physical activity during recess periods; and,
9. Ensure that students are engaging in developmentally appropriate physical activity during formal school hours.

Approved: C – 1/8/07